

Author Instructions

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All authors of submitting articles to the journal must disclose any conflict of interest they may have with an institution or product that is mentioned in the manuscript and/or is important to the outcome of the study presented. Authors should also disclose conflict of interest with

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Manuscript Preparation

Each manuscript should be typed double-spaced on A4 (8.5" × 11") paper size with 1 inch margins. Author should use 12 pt Times New Roman fonts, and authors should take care over the fonts which are used in the article.

Manuscript should be arranged in the following order:

- i. Covering letter
- ii. Title page
- iii. Abstract and Keywords
- iv. Introduction
- v. Materials and Methods
- vi. Results
- vii. Discussion
- viii. Conclusion
- ix. Acknowledgement
- x. References
- xi. Tables
- xii. Figures

Article structure

Subdivision - numbered sections

Divide your article into clearly defined and numbered sections. Subsections should be numbered 1.1 (then 1.1.1, 1.1.2, ...), 1.2, etc. (the abstract is not included in section numbering). Any subsection may be given a brief heading. Each heading should appear on its own separate line.

Covering Letter

In addition to the general details of author and co-authors, it should mention in brief what is already known about this subject and what new is added by the submitted work.

Title page

It should be paginated as page 1 of the paper. It should include the title, author's name and affiliations, running title, address for correspondence including e-mail address.

Title:

Must be informative, specific and short.

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The names of authors and their affiliations should be given. Indicate all affiliations with a lower-case superscript letter immediately after the author's name and in front of the appropriate address. Provide the full postal address of each affiliation, including the country name.

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It is a short title printed in the journal at the right top corner of right hand page of the article (except the lead page). It should be not more than 50 characters in length.

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The corresponding author's address should be given on the title page. The e-mail ID of the corresponding author or the contact e-mail ID must also be provided.

Abstract and Keywords

The abstract must start on a new page, and it should be concise, clear and informative rather than indicative. Provide 3-5 keywords which will help readers or indexing agencies in cross-indexing the study.

Introduction

It should start on a new page. The introduction should lead the reader to the importance of the study; tie-up published literature with the aims of the study and clearly states the rationale behind the investigation.

Material and methods

Materials and methods should include the source and nature of material, experimental design and the techniques employed. Methods already published should be indicated by a reference: only relevant modifications should be described. All procedures involving experimental animals or human subjects must accompany with statement on necessary ethical approval from appropriate ethics committee.

Results

Results should be clear and concise.

Discussion

The discussion should deal the interpretation of the results. Wherever possible, results and discussion can be combined. Results and discussion of results can also be combined under one section, Results and Discussion.

Conclusions

A conclusion which elucidates the general implication of the results should be stated.

Acknowledgments

Acknowledgments should be described separately.

Authors should disclose at the time of submission, information on financial conflicts of interest or other interests that may influence the manuscript.

References

All references must be complete and accurate. The titles of journals should be abbreviated according to the "List of Journals Indexed" in Index Medicus (www.nlm.nih.gov). List all authors, for more than 6 authors the first 6 should be listed followed by "et al." References are to be cited in the text by superscript number and should be in the order in which they appear. References cited only in tables or in legends to figures should be numbered in accordance with a sequence established by the first identification in the text of the particular table or illustration.

References should be listed in the following style:

Reference to a journal publication:

Adil MD, Kaiser P, Satti NK, Zargar AM, Vishwakarma RA, Tasduq SA. Effect of *Emblica officinalis* (fruit) against UVB-induced photo-aging in human skin fibroblasts. *J. Ethnopharmacol.* 2010; 132(1): 109-14.

Nema NK, Maity N, Sarkar B, Mukherjee PK. *Cucumis sativus* fruit-potential antioxidant, anti-hyaluronidase and anti-elastase agent. *Arch. Dermatol. Res.* 2011; 303: 247-52.

Reference to a book:

Kirtikar KR, Basu BD. *Indian Medicinal Plant.* Vol. I. 3rd ed. Dehradun: I.B.D. Publications; 2010, 756.

Reference to a chapter in an edited book:

Saggar S, Wesley NO. Ethnic Differences in Skin Properties. In: Barel AO, Paye M, Maibach HI, editors. *Handbook of Cosmetic Science and Technology.* 3rd ed. New York: E-Publishing Inc; 2009, 245-246.

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